

Helping Our Early Years Children Eat Well at School

The government (DfE) has updated its advice to help young children eat healthier and feel their best — and we're on board!

Here is what it means for snacks at school starting immediately:



Afternoon Home Snack

Please pack healthy snacks like:

Fresh fruit

Veggie sticks

Cheese cubes/strings

Fruit snacks e.g yoyo, yoghurt raisens

Plain crackers or rice cakes



Please no sweets, cakes
chocolate bars
or crisps



Allergies



Remember we are a MANGO free school, this includes in smoothies and yoghurts!

If your child has any dietary needs linked to their SEND (Special Educational Needs and Disabilities), please let us know as soon as possible.

We will work closely with you to make sure their food needs are fully supported at school.

