



Physical Education (PE) Vision Statement

Intent

At Cotgrave Church of England Primary School, physical education plays a vital role in promoting physical and emotional well-being. Our PE curriculum helps children develop self-confidence, teamwork skills, and a lifelong appreciation for physical activity. We aim to inspire all children to embrace challenge, persevere, and achieve their personal best.

Our Christian ethos underpins everything we do, encouraging children to be fair, kind, and respectful in competition and to celebrate their achievements and those of others.

Implementation

Our PE curriculum ensures all children have access to a broad range of physical activities, including competitive sports, dance, gymnastics, and outdoor adventures. We focus on developing fundamental skills in the early years, progressing to more complex skills and team sports as children grow. Children participate in local competitions and festivals, and our residential trips provide opportunities for outdoor challenges that build resilience and teamwork. Playground leaders from Year 5 and 6 help promote physical activity across the school, organizing events and supporting their peers.

Impact

Our children leave Cotgrave with the physical skills, confidence, and motivation to lead healthy, active lives. They understand the value of perseverance and teamwork, and they embrace physical challenges with enthusiasm and resilience.